

Admission To The Transition Program

Residents are admitted to the Transition Program when it has been determined by a team decision to be appropriate for the individual. This determination is made in a coordinated approach with a therapist, case worker or client manager, probation officer, parent, GAL and other involved parties.

- IQ of 70 and above
- Demonstrated ability to occupy self for part of the day with minimal staff direction. Examples are: work on homework for 1 hour; engage in crafts in a constructive fashion without peer conflict for 1 hour at a time, can read a book, write or draw without staff intervention for 1 hour.
- No physical fights with peers for past 60 days.
- Able to read, understand and follow written instructions after some training in the Program. Examples are: How to complete GED test, student handbook for school, application for Job Corps, employment applications.
- Maintains personal hygiene without staff intervention.
- No substance use/abuse for past 60 days.
- Capable of learning to use public transportation and trustworthy to do so.

What Is The Purpose of The Transition Program

The gradual and planned move of a Resident from one level of care to a less restrictive setting is designed to increase the Resident's possibility of successful integration into the community.

Staff Ratio

There will be one staff to 10 Residents.

Service Plan

A complete transition plan is completed prior to placement in the Transition Program for current Residents of El Pueblo.

A comprehensive case service plan focusing on transition needs and skills is prepared for direct admission Residents.

CORE VALUES

Integrity

Respect

Trust

Compassion

Accountability

Selfless Service

Fun



Transition Program



*A Center of Excellence
in Residential Treatment*

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Therapeutic Interventions You Can Expect

At El Pueblo, we recognize that Residents need preparation for successful living in the community. Adolescents need guidance and support as they move toward transition into a less restrictive environment or toward independence. The Transition Program at El Pueblo is intended to augment a Resident's successful progression through the El Pueblo Performance Program for Youth©.

Summary of Services

Residents receive educational services are determined on an individual basis; recreation/leisure activity daily; two individual therapy sessions per month, one group therapy session per week, and one family therapy session per month; 1 to 10 staff ratio; instruction in life skills, monthly plan reviews, and regular discharge reviews.

Clinical

The focus of therapy will be on skill building for reintegration into the family and community.

The family is an integral part of the treatment process and will help the Resident in identifying needs and solutions for living in the community. A parents' group will be held regularly and parent training may be provided as needed. A comprehensive Plan for a Healthy Lifestyle will be completed by the Resident and presented to all involved parties.

Medical and Psychiatric Services

El Pueblo's nurse will conduct sick call for Residents of the Transition Program upon request. Medication Management/Psychiatric services are provided on a monthly basis. All El Pueblo Residents receive medical, dental, and vision services with community providers.

Milieu

- Life Skills
- Money Management
- Daily Routine
- House Meetings
- House Committees
- Peer Representatives
- Peer Mentors
- House Budget
- Family Involvement

Education

The Resident's educational needs are addressed on an individual basis.

Vocational Services

Staff will work with Resident in identifying vocational interests and opportunities. Residents will be assisted in obtaining off-campus employment.

Recreation Services

Transition Program Residents will participate in on- and off-campus recreation activities.

Population Served

Current El Pueblo Residents

Current El Pueblo Residents may be entered into the Transition Program by progressing in treatment in the El Pueblo's Performance Program for Youth©,

- The current El Pueblo Resident should be a Level IV of the Performance Program for Youth© to be eligible. Level III may be considered on a case-by-case basis. Residents are expected to continue to complete the five Levels of the Performance Program for Youth©.
- Residents should be within the last 90 days of placement at El Pueblo.

New Admit Residents

Residents admitted from the community must not require more than CCAR "A" level frequency of treatment.

Transition Program Residents are expected to complete Level IV and Level V of the Performance Program for Youth©.

Discharge from The Transition Program

Discharge Plans will be reviewed with all involved parties on a regular basis. Discharge will occur when the Resident has completed the Transition Plan and has demonstrated the ability to be successful in the community.

MISSION STATEMENT

El Pueblo...an Adolescent Treatment Community is a private, non-profit organization serving the needs of at-risk youth and their families. By creating an environment of safety and loving care, youth and their families learn the skills they need to become productive members of the community.